# Schulthess Klinik Version 1.2 – English Developed by Absolute Developement AG Zürich © 2012 August 2012

Menu

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### Schulthess Klinik App Version 1.2 - English

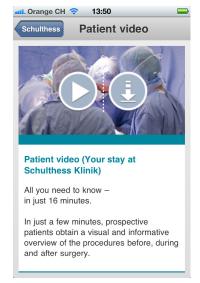
### SCHULTHESS Schulthess Klinik

- Portrait
- Patient video

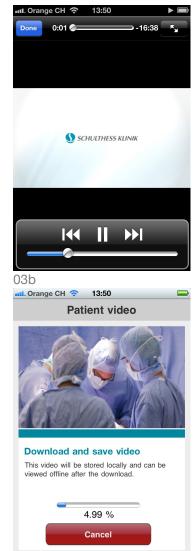


01

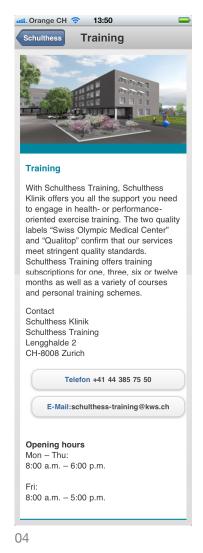


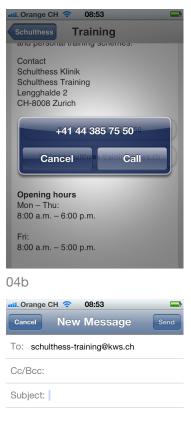


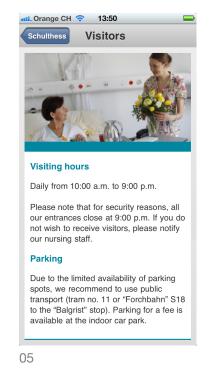
03



03c







#### SCHULTHESS Schulthess Klinik

- News
- Visitors

Sent from mv iPhone

Q W E R T Y U I O P

A S D F G H J K L

Z X C V B N M X

04c

# **SCHULTHESS**

Schulthess Klinik

- Contact
  - Telephon
  - New E-Mail These two screens are responsible for all "Telefon" and "E-Mail" screens.
- Contact / Map
- Research and Developmen



# From direction of St. Gallen / Zurich Airport:

Drive to the end of the Milchbuck tunnel. Continue toward "City" until you reach the main station. Continue to Bellevue square (lake) and from there to Kreuzplatz. From Kreuzplatz, continue along Forchstrasse until you reach the "Balgrist" tram stop. Just before the tram stop, turn right into Lenggstrasse. After about 300 metres turn left into Lengghalde 2.

#### From direction of Chur / Lucerne:

Leave the motorway at exit "Wiedikon Zürich City". Drive to the lake and pass Bellevue square. Continue to Kreuzplatz. From Kreuzplatz, continue along Forchstrasse until you reach the "Balgrist" tram stop. Just before the tram stop, turn right into Lenggstrasse. After about 300 metres turn left into Lengghalde 2.

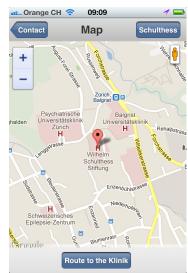
Visitor parking is available next to and inside the hospital premises.

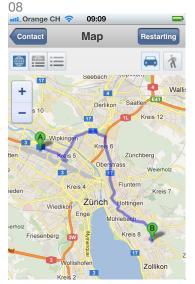
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07b 08b

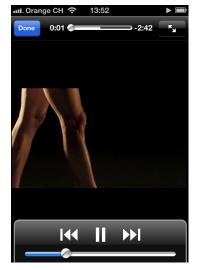


#### **Research and Development**

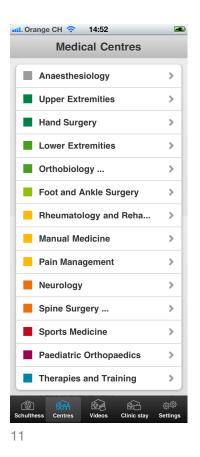
he Research and Development Department plays a key role in supporting the clinical activities of Schulthess Klinik. Our research and development activities make it possible to maintain our status as a centre of excellence in the treatment of disorders of the musculoskeletal system.

The department is subdivided into four principal research groups whose activities are mainly determined by the respective clinical departments: Spine, Upper Extremities, Lower Extremities and FIFA Medical Assessment and Research Centre (F-MARC).

The research priorities and the ongoing projects of these four groups reflect the broad spectrum of our research interests. Currently, our projects are funded by grants from the Swiss National Science Foundation (Research Programme NRP 53), the Schwyzer-Winiker Foundation and the AO Foundation. Many of our activities are carried out within the scope of collaborative projects with Swiss and foreign organisations. The numerous prizes and awards received in the past few years testify to the high quality of our research work.



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# CENTRES Medical Centres

- Anaesthesiology
- Orthopaedics Upper Extremities
- Hand Surgery
- Orthopaedics Lower Extremities
- Orthobiology and Cartilage Regeneration
- Foot and Ankle Surgery
- Rheumatology and Rehabilitation
- Manual Medicine
- Pain Management/ Medico-Legal Affairs
- Neurology
- Spine Surgery and Neurosurgery
- Sports Medicine
- Paediatric Orthopaedics
- Therapies and Training

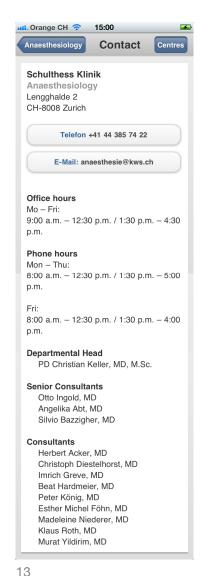
- Anaesthesiology

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 Orthopaedics Upper Extremities

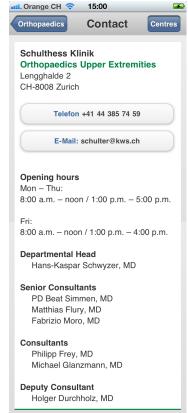


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centre has achieved an internationally

leading position.

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..... Orange CH 🤝 15:01 Orthopaedics ... **Orthopaedics Lower Extremities** Orthopaedics Lower Extremities provides conservative and operative treatment for the entire spectrum of diseases and injuries of the pelvis, the hip, the knee as well as the upper and lower leg. The centre examines and advises over 9,500 out-patients and performs over 5.000 surgical interventions per year. The focus of Orthopaedics Lower Extremities is on endoprosthetics of the hip and knee joints as well as joint-preserving and arthroscopic hip and knee surgery. With about 1,500 primary prosthesis operations and 250 prosthesis replacements, the centre is the largest in Switzerland and one of the largest in Europe. It is considered a reference centre for sophisticated primary interventions, revision surgery, second opinions and medico-legal reports.

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### **CENTRES Medical Centres**

- Hand Surgery
- Orthopaedics Lower Extremities

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Florian Naal, MD

- Orthobiology and Cartilage Regeneration
- Foot and Ankle Surgery







..... Orange CH 💠 15:02 Foot Contact Schulthess Klinik Foot and Ankle Surgery Lengghalde 2 CH-8008 Zurich Telefon +41 44 385 72 30 E-Mail: fusscenter@kws.ch Opening hours Mon - Thu: 8:00 a.m. - noon / 1:00 p.m. - 5:00 p.m. 07:30 a.m. - noon / 1:00 p.m. - 4:00 p.m. Departmental Head Pascal Rippstein, MD Senior Consultant Martin Huber, MD Consultants Anette Lanz, MD Thomas Rutishauser, MD Claudia Hjelmér, MD Angela Ruwell, MD

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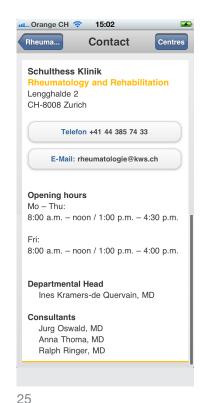
22



The specialist team of Rheumatology and Rehabilitation is dedicated to the conservative, i. e. non-surgical medical treatment of diseases and injuries of the musculoskeletal system.

Close cooperation between the various teams of doctors and therapists provides the basis for holistic and individualised care of each patient. In this context, Rheumatology often serves as a coordinating agency for diagnostics and therapy between the different specialised groups.

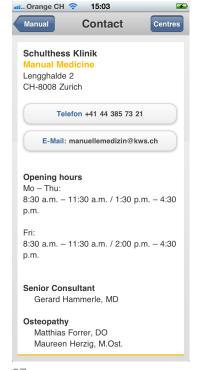
Especially for patients with multiple problems of the musculoskeletal system, the centre can provide competent assessments and therapeutic proposals for additional conservative measures or for surgical indication while keeping time and administrative expenditures at a minimum.



**Manual Medicine** Manual medicine is a fascinating method in the treatment of musculoskeletal problems. Well-aimed manual manoeuvres relieve pain and promote the patient's health. Manual medicine has a long tradition in Switzerland and has been firmly established at Schulthess Klinik for decades. While modern research has demonstrated the effectiveness of manual medicine in the treatment of acute and chronic back pain, its spectrum is not limited to spine problems but also extends to disorders of peripheral joints such as the shoulder, the elbow, the wrist, the hip, the knee and the ankle. A unique aspect, highly beneficial to the patients, is the centre's close cooperation with other disciplines.

.... Orange CH 🤝 15:02

Centres Manual Medicine Contact



# **CENTRES Medical Centres**

- Rheumatology and Rehabilitation
- Manual Medicine

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- Pain Management/ Medico-Legal Affairs
- Neurology



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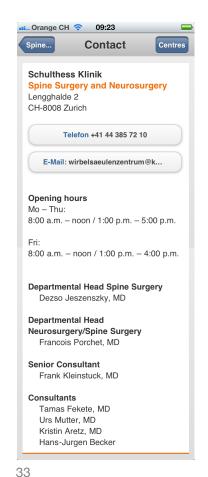


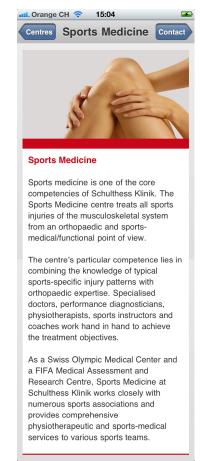
orange CH 💠 09:23 Neurology Contact Schulthess Klinik Neurology Lengghalde 2 CH-8008 Zurich Telefon +41 44 385 74 45 E-Mail: neurologie@kws.ch Opening hours Mo – Thu: 8:00 a.m. - noon / 1:00 p.m. - 5:00 p.m. 8:00 a.m. - noon / 1:00 p.m. - 4:30 p.m. **Departmental Head** Alfred Müller, MD **Senior Consultants** Prof. Jirí Dvorak, MD Martin Sutter, MD Andreas Eggspuhler, MD Consultants Oliver Haussler, MD Christian Lanz, MD Georg Egli, MD Ute Kretzschmar, MD

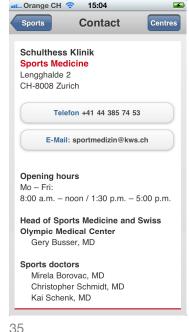
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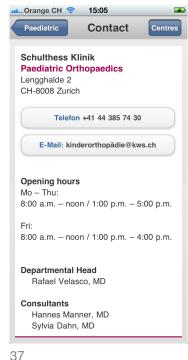
- Spine Surgery and Neurosurgery
- Sports Medicine

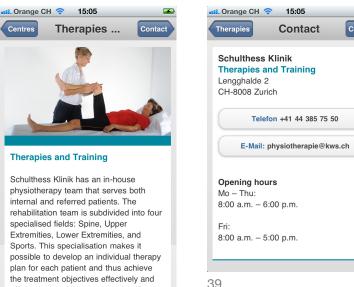
- Paediatric Orthopaedics
- Therapies and Training



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Paediatric Contact Schulthess Klinik **Paediatric Orthopaedics** Lengghalde 2 CH-8008 Zurich Telefon +41 44 385 74 30 E-Mail: kinderorthopädie@kws.ch Opening hours Mo - Thu: 8:00 a.m. - noon / 1:00 p.m. - 5:00 p.m. 8:00 a.m. - noon / 1:00 p.m. - 4:00 p.m. Departmental Head Rafael Velasco, MD Consultants Hannes Manner, MD Sylvia Dahn, MD





#### Performance diagnostics

a decisive role.

Performance diagnostics, performance monitoring and training planning are closely interrelated elements of training management to achieve your individual performance objectives. To help you draw the greatest possible benefit from your exercise time, we support you with professional advice - whether you are a beginner or a professional.

efficiently. In addition to the scientific

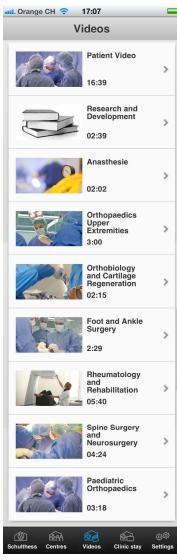
methods on which our assessments are

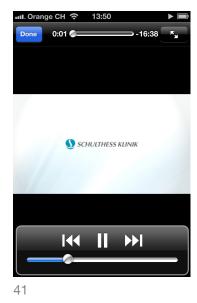
based, our clinical experience also plays

Schulthess Klinik also has an in-house

occupational therapy team that treats mainly hand surgery and rheumatology

patients. The aim of occupational therapy in hand surgery is to establish or reestablish the nuanced tactile, grasping and holding functions of the hand in order to enable the patient to optimally use the upper extremity in everyday tasks.





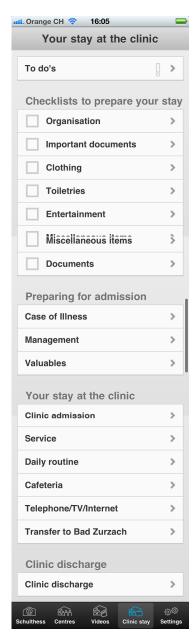
### **VIDEOS**

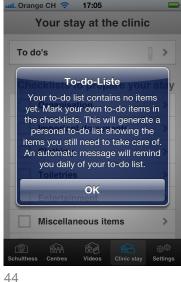
# AUFENTHALT Klinikaufenthalt

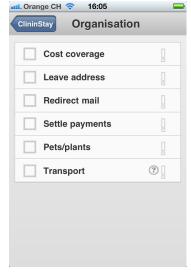
To do's
 Messagebox wenn
 kein Inhalt der To do\_Liste ist.

# Checkliesten zur Vorbereitung

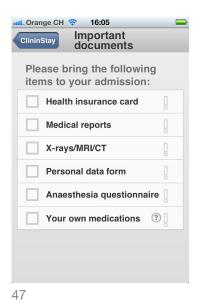
 Organisation Transport Messagebox



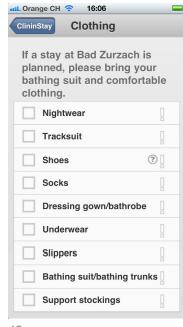












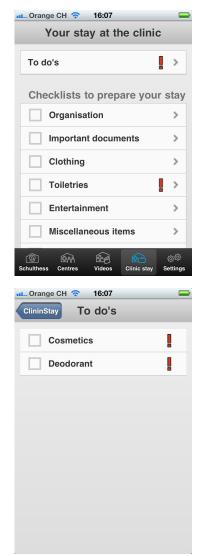


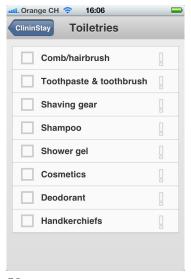
# **AUFENTHALT** Klinikaufenthalt

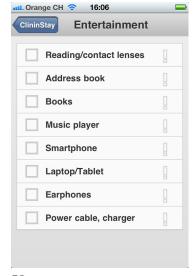
- Wichtige Unterlagen Eigene Medikamente Messagebox
- Bekleidung
- Klinikaufenthalt bei To do's Einträgen

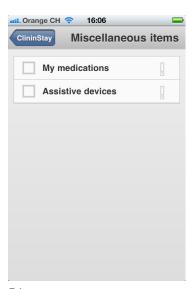
# CLINIC STAY Your stay at the clinic

- To do's with entries
- Toiletries
- Entertainment
- Miscellaneous items



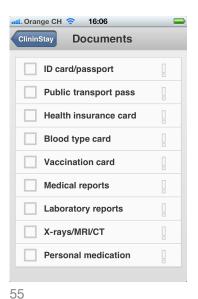


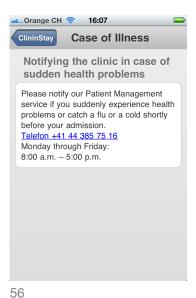


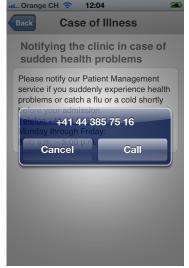


52 53

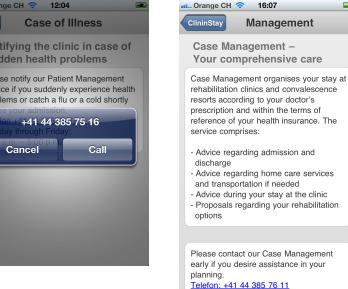
Management







57



### **CLINIC STAY** Your stay at the clinic

- Documents

#### Preparing for admission

- Illness before admissi-Message box / Phone call
- Case Management

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Monday through Friday: 8:00 a.m. - 4:00 p.m.

# CLINIC STAY Your stay at the clinic

# Preparing for admission

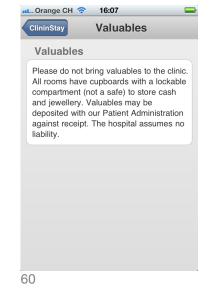
Message box / Phone call

- Valuables

#### Your stay at the clinic

- Clinic admission
- Service





ClininStay Clinic admission Admission on the day before surgery Date and time of your admission are stated in your admission letter. On the day before surgery, do not eat anything after midnight and take no medication unless prescribed by your doctor. On the day of admission, please check in at the reception desk on the ground floor. Our room service staff will then escort you to your room where you will be welcomed by the nurse in charge. The nurse will discuss with you all matters relevant to your care and your recovery. This will be followed by the individual measures required to prepare you for the operation. Admission on the day of surgery Our Patient Management will call you on

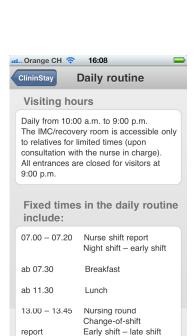
..... Orange CH 🛜 16:08

Orange CH 💠 16:08 ClininStay Service Nursing and therapy During your stay, our specialised staff from various disciplines take care of you with great personal and professional competence. Our objective is to offer you comprehensive hospitality, nursing care and therapy tailored to your individual needs. All measures are discussed and planned with you personally. Pastoral care If desired, a pastoral care team with a Reformed and a Catholic pastor is at your The "Room of Silence" on the first basement is at your disposal as a place of

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Our Patient Management will call you on the day before surgery to notify you of the time of your admission. You will be informed when to stop drinking water or tea on the day of surgery.

For all other steps, see "Admission on the day before surgery".



#### Leaving the clinic premises

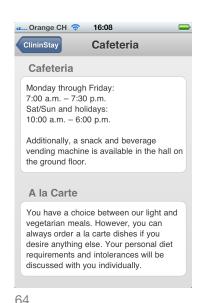
You are kindly requested to notify our staff whenever you wish to leave the clinic premises. In case of non-compliance, we assume no liability.

#### Smoking

14.30 - 16.30

ab 17.30

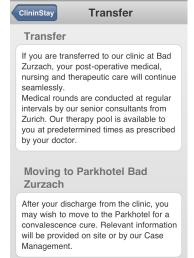
Schulthess Klinik is a smoke-free clinic your health and the health of our staff are important to us. The smoking ban also includes the entrance areas. A specially designated smoker's lounge is available to patients who are sufficiently mobile to leave their room.



ClininStay Telephone/TV/Internet Cell phones Use of cell phones is permitted at Schulthess Klinik. Internet The clinic in Zurich offers public wireless LAN service with free-of-charge Internet access for all patients. Radio and television Free-of-charge radio and television is available in all rooms for private and semiprivate patients. General-insurance patients are charged a rental fee of CHF 3 per day for using the TV set.

.... Orange CH 🤝 16:08

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## **CLINIC STAY** Your stay at the clinic

- Daily routine
- Cafeteria
- Telephone/TV/Internet
- Transfer

#### Clinic discharge

- Clinic discharge

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Therapies

Dinner 21.30 - 22.00 Nurse shift report

Late shift - night shift

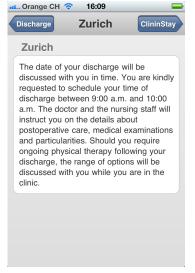
Orange CH 🛜 16:09

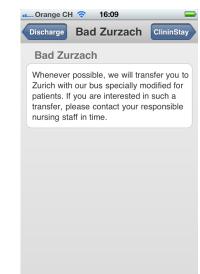
# CLINIC STAY Your stay at the clinic

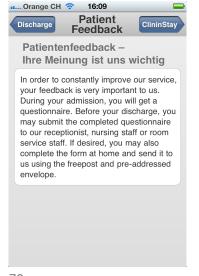
### Clinic discharge

- Clinic discharge
  - Zurich
  - Bad Zurzach
  - Patient feedback

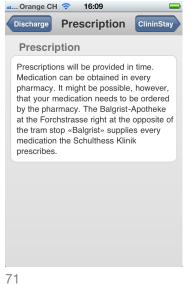


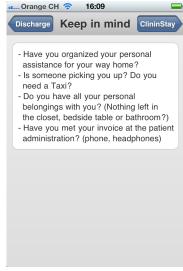






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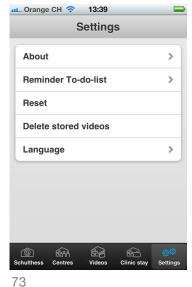


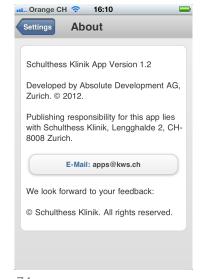
### **CLINIC STAY** Your stay at the clinic

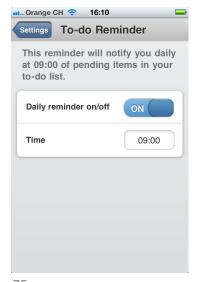
- Prescription
- Keep in mind

### SETTINGS Settings

- Publishing information
- To-do reminder



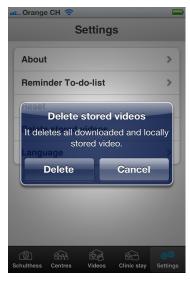






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## SETTINGS Einstellungen

- Reset
- Delete stored videos
- Language

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## **Notification Message**

-> in der Messagebox die auf dem iPhone erscheint, steht:

Schulthess Klinik Bitte beachten Sie die To-do-Liste zur Vorbereitung für Ihren geplanten Klinikaufenthalt. Abbrechen / Anzeigen

